



As part of the month-long celebration of Earth Day, Rooster Springs is holding a **Waste-Free Lunch** on Thursday, April 21. On that day, students and staff are encouraged to bring a waste-free lunch from home or purchase a waste-minimized lunch at school. The cafeteria staff and the DSISD Child Nutrition Department are excited about joining Planet Protectors and PTA's efforts to minimize waste, while offering a nutritious and satisfying meal for this special day.

**Cafeteria Menu Options** - To be served directly on a biodegradable tray thereby eliminating plastic wrap, sandwich boats, chip bags, and serving cups

Sandwich - Turkey ham, turkey breast, or grilled cheese  
Fresh green salad  
Applesauce  
Chips  
Apples and orange wedges  
Milk and Water

### **Waste-free Lunch Tips**

**Include:**

Sandwiches in reusable containers  
Whole fruits without packaging  
Drinks in reusable or recyclable containers  
Reusable ice packs  
Cloth napkins  
Reusable utensils  
Fruits, veggies, cheese cubes in reusable containers  
Snacks purchased in bulk and brought in reusable containers

**Don't include:**

Individually wrapped snacks  
Disposable plastic baggies  
Disposable utensils or straws  
Prepackage items

